## Osseo Area Schools 2022 January Middle and High School Breakfast ISD (279 WEDNESDAY THURSDAY FRIDAY MONDAY TUESDAY 3 4 6 7 Breakfast Sandwich (Chicken Breakfast Pizza (Turkey sausage and Pancakes Sausage, Egg, and Cheese on an English Muffin) Dutch Waffle French Toast Yogurt Hashbrown Patty Chicken Sausage Patty Fruit Fruit Applesauce Cup 100% Fruit Juice Fruit Fruit 100% Fruit Juice 100% Fruit Juice 100% Fruit Juice 100% Fruit Juice Milk Milk Milk 10 11 12 13 14 Breakfast Sandwich (Chicken Breakfast Pizza (Turkey sausage and French Toast Whole Grain Cinnamon Roll Sausage, Egg, and Cheese on an English Muffin) Scrambled Eggs cheese) Potato Patty Chicken Sausage Patty Graham Cracker Apple Sauce Cup Fruit Fruit Fruit Fruit 100% Fruit Juice Milk Milk Milk Milk Milk 17 18 19 20 21 Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an No School Pancakes Dutch Waffle French Toast English Muffin) Chicken Sausage Patty Hashbrown Patty Fruit Fruit Fruit Applesauce Cup 100% Fruit Juice Milk 100% Fruit Juice 100% Fruit Juice 100% Fruit Juice Milk Milk Milk 24 26 28 25 27 Breakfast Sandwich (Chicken Breakfast Pizza (Turkey sausage and Whole Grain Cinnamon Roll Sausage, Egg, and Cheese on an Scrambled Eggs Whole Grain Donut cheese) English Muffin) Yogurt Potato Patty Graham Cracker Fruit 100% Fruit Juice Apple Sauce Cup 100% Fruit Juice Fruit Fruit Fruit 100% Fruit Juice 100% Fruit Juice 100% Fruit Juice Milk Milk Milk Milk 31 No School

Additional Cold Option may include:

Assorted Cereal
Breakfast Bar and Yogurt or Cheese Stick
Giant Goldfish Cracker and Yogurt or Cheese Stick
Breakfast Bread and Yogurt or Cheese Stick
Breakfast Muffin and Yogurt or Cheese Stick

This institution is an equal opportunity provider.